



# Welcome to the nursery room,

**Lead Nursery Educator:** Anna R (Mon, Tues, Thurs, Fri)

**Nursery Educator:** Anna V (Tues, Wed, Thurs, Fri)

## **In regard to children...**

In the nursery room we pride ourselves on providing a warm, homey, and friendly environment. We have a strong focus on building secure relationships with the children and fostering a sense of belonging so your child can develop trust in their educators and feel safe and secure while at care. We utilise circle of security practices to strengthen children's self-esteem and promote secure attachments between the child and educator - secure attachments enables us to better support children to manage their emotions, develop empathy, and engage children in play-based learning.

## **In regard to families...**

We work closely with families to build meaningful relationships between families and educators, in the nursery room we feel it's important to follow home routines whenever safe and possible to do so to strengthen the connections between home, provide smooth transitions and a consistent, nurturing environment for your child. We encourage the participation of families through incursions and events and families are always welcome to spend time in the care environment.

## **In regard to curriculum...**

As a service we follow the national Early Years Learning Framework: Belonging, Being, Becoming (EYLF) curriculum. The EYLF outcomes, practices and principles guides us as educators in our curriculum decision-making as we plan play based learning experiences to enrich and extend upon children's learning, development and interests.

Our fantastic educators provide a warm and nurturing environment for your child to explore and try new things. Our program is rich in sensory experiences for curious babies, songs and fingerplays to promote communication and language, physical experiences to extend and strengthen your child's gross motor development and self-help skills to promote their fine motor skills and independence. As educators we work to cultivate relationships between the children whilst also providing time for children to pursue their own interests in play.

Our educational program includes age-appropriate experiences that promote learning and development such as,

- Fine/gross motor skills
- Language/communication skills
- Physical/mental wellbeing
- Self-help skills
- Creativity, imagination and wonder
- Learning dispositions such as curiosity
- Social/emotional skills
- Peer interactions and relationships



## **Every day we ask all families to provide their child with...**

- 5 nappies, we kindly ask that these labelled and placed in the change room ready for the day
- A wet bag for soiled clothing
- 2 spare changes of clothing
- Enough bottles for your child across the day as our service does not sterilise bottles on site. All formula must be premeasured with the correct amount of water placed in the child's bottle, breast milk can be stored in the fridge or freezer, other milk can be stored in the centre fridge. All bottles, breast milk/milk/formula must be clearly labelled with the child's name and dated.
- Your child's comfort item if they have one

*To prevent things from becoming lost please ensure that all personal items are clearly labelled.*

## **Routine**

Routines in the nursery room are flexible and largely individualised to accommodate different children's needs. However, the room follows this general routine as a guide for the day.

**7:30-8:45am** arrival and play combined in the toddler room

**8:45am** move to the nursery room

**9:00am** morning fruit time  
(water, milk or milk alternatives are offered to children who are drinking milk)

**9-9:30am** play based learning and intentional teaching

**10:00am** nappy change time

**10:00-11:00am** play based learning and intentional teaching

**11:00am** lunch time

**11:30-12:00am** free play

**12:00pm** nappy change time

**12:30pm** sleep and rest time (for those children with a single sleep)

**12:30-2:00pm** quiet play and relaxation

**2:00pm** nappy change time

**2:30pm** afternoon tea

**2:30-4:00pm** play based learning and intentional teaching

**4:00pm** nappy change time

**5:00-6:00pm** home time and combined play in the toddler room