



Nursery Room

Routine Form

Date:

My name is:

My date of birth is:

The days I attend childcare are:

The special people in my life are:

My family values, beliefs, culture, celebrations and ceremonies are:

MEALTIMES

Foods I have tried:

Consistency of food:

please note, we will only provide foods your child has tried at home. This is due to the risk of reaction of being exposed to a food for the first time

Food I enjoy:

Foods I dislike:

Known Allergies:

I have/have not tried egg

I have/have not tried fish

I have/have not had cow's milk (*we offer cow's milk from 12mnths*)

Bottle times:

I have breast milk / formula / cow's milk or _____

We ask that formula bottles are NOT premade as per the centre policy. If your child is on formula please provide us with bottles filled with boiled water and the formula measured and in a separate formula dispenser. All bottles are to be put in the fridge on arrival. We will rinse out the bottles after use and place back in your child's bag. Please note that all bottles are one use only so if your child requires more than 1 bottle please pack the required amount.

Bottles must be clearly labelled with the child's name. We cannot give a bottle without a label.

SLEEP ROUTINES

My sleep times are:

My comforters are:

How am I put to bed at home:

Tips for getting me to sleep:

Activities I enjoy are:

Known Fears:

Goals for my time at childcare:

Any other information you would like to share with us:

What to pack

- A labelled water bottle
- 5 x labelled nappies - Please put these in the bathroom at the beginning of each day.
- 3 x changes of clothes
- Comforters
- Labelled bottles – to be placed in the fridge on arrival
- Labelled formula in dispenser pre-measured
- A labelled wet bag

Please note: All items must be clearly labelled with the child's name.