



Parent Information sheet

Childs name:

D.O.B

Parents names:

Siblings:

Days in care:

Bottles: 1st 2nd 3rd 4th

I have breast milk / formula / cow's milk or _____

We ask that formula bottles are NOT premade as per the centre policy. If your child is on formula please provide us with bottles filled with boiled water and the formula measured and in a separate formula dispenser. All bottles are to be put in the fridge on arrival. We will rinse out the bottles after use and place back in your child's bag. Please note that all bottles are one use only so if your child requires more than bottle please pack the required amount.

Bottles must be clearly labelled with the child's name. We cannot give a bottle without a label.

Sleeps: 1st 2nd: 3rd

Comforters:

Tips for getting me to sleep:

Foods: Likes:

Dislikes:

Allergies:

Has your child had egg?

Has your child had cow's milk? (*we offer cow's milk from 12mths*)

Nappies

We ask that each day five nappies are to be brought from home, clearly labelled and placed into the children's bathroom. You can take the excess home at the end of the day.

Medical conditions:

What to pack

- A piece of fruit for fruit time
- A labelled Hat
- A labelled water bottle
- 5 x labelled nappies - Please put these in the bathroom at the beginning of each day.
- 3 x changes of clothes
- Comforters
- bottles – to be placed in the fridge on arrival
- formula.

Please note: All items must be clearly labelled with the child's name.

What we provide

- Drink bottles are refilled throughout the day
- Sunscreen (we use sensitive sunscreen any allergies please let staff know)
- The following meals

9:30am: Morning tea – fruit with milk

11:15am: Lunch – A diverse menu is provided next to the kitchen the lunches are prepared daily by our cook.

2:00pm: Afternoon tea – An assortment of muffins/breads, dried fruits and yoghurt.

5pm: Late snack- Cheese and crackers.

These meals are adapted to children's dietary needs. So fruit/veg purees and alternatives are always on offer. We aim to provide 50% of a child's daily nutritional requirements.

Additional information: